

September 2008
Arlington, Texas

The Legate

*The purpose of Saint Alban's
Episcopal Church is to provide a joyous,
loving, caring community of Christian worship
and fellowship that makes Christ known through active
response to the Gospel, for the spreading of God's Kingdom
on earth as it is in heaven.*



A monthly publication of St. Alban's Episcopal Church

Dear Parishioners

I hope everyone had a great and relaxing Labor Day Holiday. We have had our Rally Day for you to sign up for the many and various ministries available at St. Alban's. If you did not get a chance to sign up, don't be shy. Call the leader of the ministry and come and join us. You can find the leader and their phone number listed in our "Come Belong" brochure.

We have several new ministries this year. First, I am thankful for Fr. Duncan who brings many gifts for Youth and Family Ministry. What I have seen so far I do believe God has blessed us at St. Alban's. Watch for youth and family events coming up in the near future. I hope you will support Fr. Duncan's ministry with our families and youth.

A ministry that started with our Capital Campaign but now changed into a pastoral ministry is our Shepherding Team. Don't be surprised if you receive a phone call every so often to share what is going on at St. Alban's and inquiring if there is anything we need to know about. The Shepherding Team is there to help deepen our relationship with the Parish and to help you in any way we are able.

We are also expanding our Newcomer Program. While it does not have a formal title yet, we are looking for people to help disciple our newcomers who join St. Alban's. This personal family with family or one on one contact is to help people become involved and become incorporated in the life of the Parish. If you would like

to Shepherd or to help disciple our new families, please let Rilla Altman know.

Debbie Nelson has also started a ministry of social gatherings and fellowship. Our first event will be the Scavenger Hunt for adults coming up on September 13th. Information about this event is in our Sunday Bulletin and sounds like a lot of fun. After the Scavenger Hunt we will gather for fellowship and refreshments. I hope you will join us for the fun. How long has it been that you have been on a scavenger hunt?

Talking about new ministries, isn't it great to see all the new life at St. Albans. All the new babies are indeed a blessing and we give thanks to God for their health and the wonderful life they bring. We have several more coming this month and in the months to come. Congratulations to all our new parents and soon to be new parents. Our prayers are with you.

Don't forget our many established ministries around St. Alban's. Your talents, skills, knowledge and help are all needed to keep these ministries healthy and strong. Christian Education also starts up on Sunday, September 7th at 9:15. We have some new classes as well as some that are continuing. We also have available Inquirer's Class for youth and adults who would like to be Confirmed, Received or Renew their Baptismal Vows when our Bishop comes in November.

I believe I have been saying this since our May Newsletter that we should be starting our repairs soon from the water and hail damage. Just a few last details are being worked out about our new roof on the Church. Then everything will be about timing when, where and what is done. The roofs on Cawthron Hall, Canterbury/Scouts house and part of the Parish Hall will be replaced. New air conditioning/heating systems that were damaged will be replaced while the flat roofs are being refurbished. Of course the Church will also receive a new roof. We will also be replacing the Narthex floor that was damaged from water beyond repair.

The Capital Campaign has already replaced our old heating/air conditioning unit for the Church. We have installed a new phone system. We have contracted for the four columns at the entrance to be replaced. We have signed contracts for painting the Church. We also have contracted for new lighting in the Church.

From the Organ Fund we have signed a new contract for a new case to house new and re-voiced pipes for the organ. The Marsee Garden contract has also been signed to begin phase one of the Marsee Memorial Garden. Both of these as well as our Capital

Campaign need your continual support that we may continue forward and onward with our renewing of our physical plant and make things new at St. Alban's. Unfortunately we have had to delay these projects until we know the when the new roofs will be installed.

I ask for you patience and flexibility once all these projects begin. We will most likely have to move where groups meet-----where you enter the buildings---where you may meet for classes---even where we may have our liturgies celebrated. We will do our best to keep you informed of the changes. But the inconveniences will only be for a time. We will keep functioning, ministering and celebrating what great things God is doing at St. Alban's.

God Bless and Keep You!
Fr. K+

Announcements and Coming Events

St. Alban's Bookstore and Gift Shop is in need of more volunteers! If you enjoy working with others, doing the kinds of jobs needed in a store (selling, stocking, pricing, arranging displays, etc.), please give us a call or come by the Bookstore. We will welcome you, whether you can volunteer weekly, monthly, or for seasonal events.



A perfect opportunity to volunteer begins October 7, when we will start rearranging the Bookstore for Christmas. Let us know if you like to unpack boxes, decorate, string lights, or do any number of jobs needed to transform the store for our annual Christmas Gift Show. This coincides with Kountry Kitchen, scheduled for November 3 – 7. We will need extra volunteers in the store for that special week also. Please come join us!

Beginning in September, the Bookstore will be open Tuesdays through Fridays, 10:00 to 3:00, and closed on Mondays. We will continue to be open on Sunday mornings between services. Thank you for your support!

Monday Book Club: Mass will be held at 10am in the Chapel, followed by a book discussion in Room 10 until noon.

Starting September 8th: Unveiling Islam by Ergun and Emir Caner (Now available in the St. Alban's Bookstore.)

Description: As sons of a Muslim muazzein (Islamic cleric), the Caner brothers have first-hand knowledge of the major beliefs and daily practices of Islamic life. Now Christians, the Caners are in a unique position to present an insider's look at Muslim beliefs. In a sympathetic yet honest presentation, the Caner brothers offer clear explanations of what is and what is not Islamic doctrine and the religion's impact on daily life. Western readers will find this candid presentation extraordinarily helpful. Unveiling Islam covers the entire scope of Islam—its practices, ethics, and beliefs. It explains the Jihad, sects within Islam, and how Islam can be used to justify violence when one of its primary tenets is peace. The final two chapters show how Islam views Christianity and how Christians can open understanding dialogue with Muslims.

Also, in January, we will be listening to the audio book of the second novel in Anne Rice's *Christ the Lord* series, Road to Cana. In Lent, we will turn to Henry VIII's book, Defence of the Seven Sacraments, for which he earned the title "Defender of the Faith."

Canterbury Ministry for the UTA community and all young adults is meeting at 7pm every Sunday in the Canterbury House at the corner of S. Davis and Fourth Street for "Christianity 101." All are welcome. Dinner is provided. Our website is utacanterbury.blogspot.com.

Daughters of the King – St. Teresa of Avila Chapter is a prayer and service group of women at St. Alban's. We have been active for about two years. All members are enthusiastic about their calling. We meet on the second Saturday of each month at

11:30 a.m. in the conference room. You are invited to visit our meeting anytime. We will also be starting a class for new members November 8.

Our services, at present, include keeping white vestments clean and a prayer shawl ministry. A new activity that we are beginning is the Encouragement Card. You will find in the pews a blue card for you to send a message of encouragement to someone in the church. Just put your card in the alms basin and we will send it on. Thanks to Peggy Pate and Sara Beall for this new ministry.
—Gloria Lawley, President

Note From the Editor

Howdy y'all, I hope this September issue gives you not only the information you need, but also the information you didn't expect. I appreciate the suggestions and feedback that I have received, and look forward to any more you would like to send my way.

The Legate will be undergoing a makeover in the next few months, so keep your eyes peeled for new developments. As always, the newsletter is viewable as a PDF on the St. Alban's website.

Yours in Christ,
Anna Sparkman
Editor

Submission Guidelines & Obligatory Legal Info

- Submission Deadline is the **13th of the month** prior to publication. New submissions will not be accepted after this date.
- Deadline for corrections and updates should be submitted no later than the 20th of the month prior to publication.
- Please be aware that images containing text will not be included if the text is unreadable at a small size.
- I will not accept PDF files to be included. If you would like to submit a flyer, please send it in MS Word format (.doc).
- Please refrain from using all caps.

NOTICE: St. Alban's Episcopal Church deeply appreciates the support of those whose advertisements appear herein; however, neither the vestry, staff nor clergy of St. Alban's officially endorses the products and services advertised.

Music Corner

Tales From The Loft:

Great news! With the contributions from last Sunday, we now have \$53,796. in the Organ Fund. I called Ross King when we had the \$38,015. needed for the new case. He sent the contract to the office and it has been signed. Among the contributions this last week there was a LARGE one and now we are able to sign a contract for the first rank of pipes to go into the case. At first I wanted the façade pipes but since those would play on the pedal board, I decided that we needed pipes that would sound on the swell (upper manual). So, the Chimneyflute 8' will be the first rank ordered. Next will be the Viola 8' rank. That rank is a soft string sound used for accompaniment and in combination with other ranks can create a pleasant soothing sound. That rank costs \$10,082.44 and we will use some of the original pipes in combination with new pipes to create this new rank.

In case you saved the Legate two months ago and notice this rank costs more than I listed at that time, you are correct. After the contract for the case came, Ross said that with inflation he needed to raise prices for the remainder of phase 2. Keep the money coming, both small and large contributions, and we will be able to finish phase 2 sooner than the four years it took us to finish the first. It took two years after we completed that phase to collect the \$38,015. for the additional new case beginning the second phase. We are on our way!

Charlene Polivka Dorsey
Organist Emerita

From the Music Ministry:

As we enter the start of the choir's new season and our new year of ministry I want to thank you for a wonderful first year as St. Alban's director of music and inform you of the exciting year ahead. During the choirs summer holiday in July I hope you enjoyed "choosing your favorite" hymns for our Sunday worship. It was personally exciting for me to learn of the hymn favorites of the St. Alban's family and hear the exuberant singing when we sang popular favorites. The generosity of the parish during this music department fundraiser will allow for some exciting additions to our worship this season. As a special treat and result of this event I have invited a woodwind quartet to join us for our annual Lessons

and Carols service. If you have never attended this service I want to personally invite you to join us this year during Advent to experience this great Anglican tradition and enjoy the choral and instrumental music.

As we start the year and each of you consider what activities and ministries you will join at St. Alban's I want to urge you to consider becoming part of our growing music ministry. We have a welcoming place for all age groups and levels of musical experience. I am impressed each week at the high level of singing done by our congregation. The hymn singing and psalm chanting done in our congregation is some of the best and most exuberant I have experienced. This tells me that there are many fine musicians hiding in our midst that would make an incredible addition to our ministry. The Chamber Choir that provides music for the weekly Eucharist is always open to new members. If you have never participated in church choir I understand that it can be daunting to walk into rehearsal with choir members who have been singing for many years. Rest assured that no experience is required to be a part of this group. We work each week in rehearsal on basic skills, music reading, and vocal technique while delving into the rich tradition of music in the Anglican Church. For those of you who are more instrumentally inclined, our handbell choirs have openings for you. For our younger members, the growing Children's Choir program provides graded musical instruction for all age groups and provides an introduction to a lifelong participation in the church music ministry. We are also exploring the possibility of reforming our Youth choir that was once a strong tradition of St. Alban's to fill the current void between the children's choirs and the Chamber Choir. Whatever your age or experience, there are ways for you to become involved in the ministry at St. Alban's.

As I start my second year at St. Alban's I look forward to the many exciting musical offerings that we will bring to the Parish. I hope to build on the fine tradition of music here always striving to bring a musical offering of the highest quality to our worship. I again urge you to become part of our ministry. Anytime is a great time to join, there is no need to wait on a specific season or event. If there are any questions that I can answer please feel free to contact me at anytime.

In Christ –
Thomas J. Rinn, Director of Music

Christian Education Calendar

Sept. 7 - First Day of CE Classes: includes First Communion and Adult Inquirers, & Youth preparation for Confirmation

*Please see Sunday Bulletins for listings and locations.

Sept. 14 - Classes meet

Sept. 21 - Classes meet

Sept. 28 - Classes meet

Sunday School Corner

*Will you be responsible for seeing that the child you
present is brought up in the Christian faith and life?*

-from the liturgy for Holy Baptism

BCP pp 302

Welcome newcomers and welcome back former participants to our Sunday morning, Christian Education hour. We meet from 9:15am to 10:15am each Sunday between our 8am and 10:30am services. I am always thankful to those God calls to teach children and youth and adults, to commit prayers and time and talent on behalf of this ministry. Thank you to those who are returning and to those who are teaching for the first time! Please pray for more volunteer Sunday school teachers. At the time of this writing, we are in need of additional teachers for 4th, 5th, & 6th grades and teenagers. Please consider taking a turn on a team of 4 persons for these wonderful, young Christians. Call me if you feel the Spirit moving. We need you.

We are blessed to have a CE Committee whose focus is on striving to make Christian education alive and vital and relevant to all parishioners. While the focus is on making 'God's people holy' and for helping us keep our promises made at baptism, through the tools of study and discussion and shared faith, the CE hour also gives our family an opportunity to develop small groups. Time invested within our small group studies helps us and our children and youth form deeper relationships in our common life. We hope you'll partake, and bring your children and youth to enjoy and learn together each week.

I hope you were able to attend Rally Day last week, where you were able to indicate your interests for study and fellowship during the CE Hour, but if you did not, all you have to do is join a class at any time. If one topic or group doesn't fit your desire for a

small group, try another one, or see me or one of our clergy to help form and begin a study you are more interested in. All of the class offerings and locations will be listed weekly in the Sunday bulletins and inserts. They are also posted in the Narthex (church entry) and in the hallways. NOTE: Due to upcoming construction, class locations may differ from time to time. Bulletins with class listings can be picked up in the Narthex upon your arrival at 9:15am.

Parents, please see the bulletins on a weekly basis and/or messages posted on the classroom doors for possible changes to your child's grade level locations. We will do our best to make it clear, but it will take lots of cooperation and flexibility on everyone's part to pay attention, as we welcome updates and new construction around our church campus. Thank you in advance for grace in all of these happenings. The main thing is safety and comfort and thanksgiving that we have alternatives for meeting space.

Adult offerings are: Living the Good News! with Walt Cabe facilitating in Room 4, Adult Inquirer's and Confirmation Preparation in Room 10, and Christian Living in the Library.

Youth offerings are: Confirmation Preparation is upstairs in Room 23 for anyone in 9th grade or older with clergy facilitating. Other teens will meet upstairs in Room 22.

Children's offerings are: PreK & Kindergarten meet in Room 1; First/Early Communion for first grade and older meets in Room 8; Second and Third graders meet in Room 7; Fourth, Fifth and Sixth graders meet in Room 6.

See you on the first day of classes, September 7th, at 9:15am!

Warmly yours in Christ,
Susie Wheaton
Christian Education Coordinator

Safeguarding God's Children

Training is required for all who work with children and youth including vestry members, clergy, Sunday school teachers, VBS workers and Youth workers. Let Susie Wheateon or Sharon Fielder know which session you plan to attend:

Sat., Sept. 6 @ 9:30am, St. Annes, FW

Register 817.237.1888, Elizabeth Morris wizbut@aol.com

Sat. Oct. 4 @ 1pm, All Saints, FW

Register 817.732.1424, Mark Washburn

Sowing Seeds

The schedule for Sowing Seeds will be available in October's issue of The Legate. As always, you may either e-mail your particular task request to Sowing-Seeds@saintalbans.org or simply call the Church office and request to be contacted by sowing seeds.

What Is A Stephen Minister?

A Stephen Minister

...is a child of God who walks beside a person who is hurting.

...is a caring Christian friend who takes the time to really listen.

...is a lay Christian, selected, trained and supervised by Stephen Leaders to provide effective Christian care.

...makes a commitment including 50 hours of training, ongoing supervisory meeting, and an average 1 hour visit per week with the person receiving care.

...recognizes this as a Confidential Ministry

A Stephen Minister is not a counselor or therapist, a problem solver, or a casual visitor.

How can you get involved? Pray daily for Stephen Ministry and inquire about becoming a Stephen Minister.

Stephen Minister Leaders are:

Patricia Silvester 817-461-9086

Keith Higham 817-460-0579

Jane Blackburn 817-483-6576

Saints for September

2 The Martyrs of New Guinea, 1942

12 John Henry Hobart, Bishop of New York, 1830

13 Cyprian, Bishop and Martyr of Carthage, 258

14 Holy Cross Day

16 Ninian, Bishop in Galloway, c. 430

18 Edward Bouverie Pusey, Priest, 1882

19 Theodore of Tarsus, Archbishop of Canterbury, 690

20 John Coleridge Patteson, Bishop of Melanesia, and his Companions, Martyrs, 1971

21 Saint Matthew, Apostle and Evangelist

25 Sergius, Abbot of Holy Trinity, Moscow, 1392

26 Lancelot Andrewes, Bishop of Winchester, 1626

29 Saint Michael and All Angels

30 Jerome, Priest, and Monk of Bethlehem, 420

Sunday Scripture Readings for September

Sept. 7 — The Seventeenth Sunday after Pentecost

Ezekiel 33:(1-6)7-11

Romans 12:9-21

Psalms 119:33-40

Matthew 18:15-20

Sept. 14 — The Eighteenth Sunday after Pentecost

Eccles. 27:30-28-7

Romans 14:5-12

Psalms 103:8-13

Matthew 18:21-35

Sept. 21 — The Nineteenth Sunday after Pentecost

Jonah 3:10-4:11

Philippians 1:21-27

Psalms 145:1-8

Matthew 20:1-16

Sept. 28 — The Twentieth Sunday after Pentecost

Ezekiel 18:1-4, 25-32

Philippians 2:1-13

Psalms 25:3-9

Matthew 21:28-32

Photo Scavenger Hunt

@ St. Alban's Episcopal Church

Saturday, September 13th at

6:00pm

This first event will be for adult only: 18 years old and older.

What to Bring:

A Digital Camera and

a USB Cable to send photos to the projector

A five passenger car/van/SUV (Drivers must be at least 21 years of age)

Good Comfortable Shoes, preferably sneakers

Happy Faces

Please have dinner before you come, and please bring one dessert per family with last names beginning with A-M/a 2 liter bottle of soda and a case of cold bottled water for those with last names that begin with N-Z

Any Questions?

Call Debbie Nelson @817.472.9438



Loved The Wedding, Invite Me To The Marriage. Love, God

A Worldwide Marriage Encounter weekend can help you do that! Marriage Encounter is 44 hours where married couples can get away from jobs, kids, chores, and phones – and focus only on each other. If you would like greater depth, growth, and enrichment in your relationship, you will like the difference a Marriage Encounter weekend can make! The next Episcopal Marriage Encounter weekend in the Dallas/Fort Worth area will be October 10-12. Contact John & Janie Curtis by phone at 972-722-4064 or by email at johncurtis6111@aol.com for more information, or go to www.episcopalme.com to register on-line. Registration is limited so a quick response is encouraged.

Extreme Makeover: *The Legate* Edition

The Legate is undergoing a makeover and **you** get to help decide how it will look! The first part of the makeover will be a new masthead design. Please decide which design you prefer and email your choice to newsletter@saintalban.org by September 30, 2008.

Please note that these designs are merely rough drafts of the final design.

Choice A is a modern style with clean bold lines.

Choice B is created from a unique typeface that incorporates unusual letter shapes such as the lowercase “g.”

Choice C is a casual style signifying a relaxed atmosphere.

The masthead will still be accompanied by the mission statement of St. Alban’s and the shield of St. Alban’s. If you have any questions about The Legate’s makeover, email me at newsletter@saintalban.org.

A **The Legate**

B *The Legate*

C *The Legate*

A Guide for Giving

Annual Income	Weekly Income	Tithe	Upper Range of Giving				Middle Range of Giving			Lower Range of Giving		
		10%	9%	8%	7%	6%	5%	4%	3%	2%	1%	
\$25,000	\$481	\$48	\$43	\$38	\$34	\$29	\$24	\$19	\$14	\$10	\$5	
\$30,000	\$577	\$58	\$52	\$46	\$40	\$35	\$29	\$23	\$17	\$12	\$6	
\$40,000	\$769	\$77	\$69	\$62	\$54	\$46	\$38	\$31	\$23	\$15	\$8	
\$50,000	\$962	\$96	\$87	\$77	\$67	\$58	\$48	\$38	\$29	\$19	\$10	
\$60,000	\$1,154	\$115	\$104	\$92	\$81	\$69	\$58	\$46	\$35	\$23	\$12	
\$70,000	\$1,346	\$135	\$121	\$108	\$94	\$81	\$67	\$54	\$40	\$27	\$13	
\$80,000	\$1,538	\$154	\$138	\$123	\$108	\$92	\$77	\$62	\$46	\$31	\$15	
\$90,000	\$1,731	\$173	\$156	\$138	\$121	\$104	\$87	\$69	\$52	\$35	\$17	
\$100,000	\$1,923	\$192	\$173	\$154	\$135	\$115	\$96	\$77	\$58	\$38	\$19	
\$110,000	\$2,115	\$212	\$190	\$169	\$148	\$127	\$106	\$85	\$63	\$42	\$21	
\$120,000	\$2,308	\$231	\$208	\$185	\$162	\$138	\$115	\$92	\$69	\$46	\$23	
\$140,000	\$2,692	\$269	\$242	\$215	\$188	\$162	\$135	\$108	\$81	\$54	\$27	

Participation Statistics in our Parish

		<u>June</u>	<u>July</u>	<u>Aug.</u>
Average Sunday	2007	257	270	286
Attendance	2008	274	231	300

		<u>Budgeted Receipts</u>	<u>Actual Receipts</u>
Financial	June	\$53,718	\$53,246
Giving for	July	\$36,236	\$35,989
2008	Aug.	\$47,085	\$42,773



Your STAR Business could Be listed here!

The Legate will now include a special advertising section for parishioner and non-parishioner businesses. Whether you have a couple of lines of text or an interesting graphic or logo, we would love to advertise it! Donations are welcomed but not required and will be used to offset the cost of print and postage for The Legate. Please contact newsletter@saintalbans.org for more information. Submissions for advertisements follow the same deadlines as article submissions.

VITAS Innovative Hospice Care is preparing a Fall Class for Clinical Pastoral Education and openings are still available.

If you are interested in learning about end-of-life issues, deepening your spirituality, enhancing your pastoral care skills, then the Clinical Pastoral Education Program may be for you.

More information can be obtained by reviewing our website devoted to CPE: www.cpevitas.com

The class is forming now so a prompt response is essential. Please contact our local CPE supervisor, Joe Gross at jegross@classicnet.net or call him at (972) 771-0477.

Resources for Church News

It is very important for all Christians to know what is going on in their church. As it can sometimes be confusing to sort through all of the information available, the following is a list of resources, magazines and blogs that should be of help. This list is sorted alphabetically and is intended for informational purposes only. The vestry, clergy, and staff of St. Alban's does not officially endorse any views held by the organizations on this list.

Also, if you can think of a resource that should be included on this list please contact me at newsletter@saintalbans.org and I will be happy to consider including it. Please note that personal blogs (ie: one author) are generally not included with the exception of local clergy, and must contain clean language.

News

Anglican Communion News Service:

<http://www.anglicancommunion.org/acns>

Anglican TV: <http://www.anglicantv.org/blog>

BBC: <http://news.bbc.co.uk>

Church Websites

Anglican Communion:

<http://www.anglicancommunion.org>

Diocese of Ft. Worth:

<http://www.fwepiscopal.org>

St. Alban's: <http://www.saintalbans.org>

The Episcopal Church:

<http://www.episcopalchurch.org>

Organizations

Anglican Communion Network

<http://www.acn-us.org>

GAFCon: <http://www.gafcon.org>

North Texans Remain Episcopal:

<http://www.northtexansremainepiscopal.org>

Remain Faithful:

<https://www.remainfaithful.org>

Magazines

Christian Challenge:

<http://www.challengeonline.org>

The Living Church:

<http://www.livingchurch.org>

Blogs

Canon Heidt (Transfiguration):

<http://fatherjohnheidt.blogspot.com>

EpiScope: <http://episcopalchurch.typepad.com/episcope>

Fr. Matkin: <http://timotheosprologizes.blogspot.com>

GAFCon Photoblog:

<http://gafconphotoblog.blogspot.com>

Stand Firm: <http://www.standfirminfaith.com>

Titus 1:9: <http://www.kendallharmon.net/t19>

Please Welcome

The newest member of our St. Alban's family, James Bennett Duncan, born August 26th weighing in at 6 lbs. 11 oz. and 19½ inches long.



What's That? Holy Unction

When a priest visits someone in the hospital or calls on the sick in their home, a service called Holy Unction, or the Anointing of the Sick is used. What's that all about? In this issue, we take a closer look.

Jesus Christ is the “Great Physician” (see Mark 2:17). When Jesus visited the towns and villages of Judea and Galilee proclaiming the Kingdom of God, he would often heal their sick and forgive people of their sins. In this way, the people could experience the kingdom breaking out in their midst. For example, in Luke 6:19 we read, “All the crowd sought to touch him, for power came out from him and healed them all.” Sometimes Jesus made use of material elements to convey the healing. In John 9:6-7, he used his spittle as well as mud and water to restore a man’s sight. In Luke 8:44, a woman is healed by touching the hem of his garment. Jesus shared this ministry with the apostles. In Mark 6:13 we read, “And they cast out many demons and anointed with oil many who were sick and healed them.” This healing ministry continued in the early Church, as recorded in the Acts of the Apostles.

All of the sacraments are extensions of the ministry of Jesus through the life of his mystical Body, the Church. The healing ministry of Jesus was continued in the Church through two sacramental rites—confession with absolution and the anointing of the sick. In fact, in the 1662 English Prayer Book, the form for private confession and absolution was only printed in the section on the ministry to the sick. Sadly, the anointing of the sick was usually neglected from the 17th Century up until the early 20th Century. The practice was revived in the 1920s and is a part of the most recent American revision of the Book of Common Prayer (see pp.453-461).

What is the anointing of the sick? The Prayer Book catechism defines it this way: “Unction is the rite of anointing the sick with oil, or the laying on of hands, by which God’s grace is given for the healing of spirit, mind, and body” (p. 861). The most explicit description of this rite comes from James 5:14-15, “Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.” It should be noted that “elder” is the Greek word *presbyter* from which we

get “priest” in English. Also, the word “save” from “will save the one who is sick” has a range of meaning and could also be translated as “heal,” “cure,” “rescue,” or “deliver.” (For those of you who have Bible lexicons with Strong’s numbering system, *sosei* / “save” is word #4982 and *presbyteros* / “elder” is #4245.)

Why call upon the priests of the Church to anoint the sick? In the Episcopal Church Teaching Series, Volume 4: The Worship of the Church, Fr Massey Shepherd noted: “Both the spirit and the body of man are so intimately related that disease, neglect, or even injury of the one disturbs the order of the other. Thus the ministry of healing in our Lord’s Church is neither a rival to nor a substitute for the best that medical care can give, but a support and complement to it. At times it may even be the decisive factor in recovery” (p. 191). Anointing someone in time of sickness is a valuable tool in strengthening their faith, sharing God’s grace, and connecting the sick person (who may be away in a hospital or confined to their home) to the fellowship of the Church. Physical cures are an experience of the kingdom of God breaking out in our midst. We believe that God cures the sick today, as he always has, when it is beneficial to the soul and that his grace of healing and wholeness is available to all who ask it even when physical cures may not be in accordance with his will. We are called through Christ to be joyful in our sufferings and to bear one another’s burdens.

In the past, this sacrament was called “Extreme Unction” from the Latin for “last anointing” because it was the last sacramental anointing after baptism, confirmation, and ordination. It was also reserved to times in which one was in danger of death. “Last rites” simply refers to Holy Unction followed by the final reception of Holy Communion, called Viaticum or “food for the journey.” In the past, someone was also not anointed more than once per illness. The modern practice is to anoint anyone who is sick on a routine basis who finds themselves suffering in body, mind, or spirit.

One thing to note is that there is often confusion about exactly who may be anointed. Remember that no one can receive a sacrament on behalf of someone else, and the same is true in the case of Holy Unction. Only the sick are anointed; you cannot be anointed on behalf of someone who is sick, though we should all certainly be in regular prayer for those who are sick.

In the rite of anointing, the priest puts on a purple stole (a sign of humility and penitence). Using olive oil blessed by the bishop (called the “oil of the infirm”), the priest makes a cross on

the forehead as well as the eyes, nostrils, ears, lips, and hands of the sick as a sign of the healing grace of God poured out upon the five senses and the restoration of any sickness or sin that may have come thereby. At times, the anointing may be done only on the forehead.

At St. Alban's there is a healing Mass in the chapel on Wednesdays at 9:30am. If you are in preparing for surgery or are sick and in need of Holy Unction and can attend at this time, it is the perfect opportunity. If you cannot make it on Wednesdays, but can come to church on Sunday, let a priest know and Holy Unction can be administered after Mass. The Order of St Luke also periodically offers intercessory healing prayer in the chapel after Holy Communion. If you cannot make it to church or are in the hospital, please call the church office to arrange for a priest to visit. Please be aware that hospitals no longer are allowed to give out information about the church affiliation of patients, so the only way we find out you are in the hospital is from you or your family or friends.

If there is anything in church life and teaching that you have been wondering about and would like to see addressed in this column, please call Fr Matkin or contact him by email at frmatkin@saintalbans.org.



September Birthdays

1 Eric Kanagy	8 Bud Phifer	14 Catherine Ekholm
2 Marilyn Potthoff	10 Bill Lace	15 Heather Haagen
3 Charles Kirkham	10 Jane Kane	16 Kaye Grayson
3 Jodi Vinson	11 Weldon Waln	16 Paul Kino
4 Laura Lace	13 Tyler Berry	18 Brad Warmann
5 Susan Kennemer	14 Steve Altman	20 Shannon Warmann
6 Samuel Mitchell	14 Jim Rhea	20 Brenda Bailey

20 Nasser Gittiban	24 Emily Nixon	27 Gina Walker
20 Karen Henry	24 Daniel Popp	28 Barbara Young
21 Sharon Fielder	24 Esther Stolley	29 Joshua Kresowaty
22 Kevin Hadawi	25 William Bailey	29 Nancy Stankosky
22 Ingrid Hamilton	25 John Schoening	30 Rebecca Brown
22 Harold Rogers	26 Charlene Dorsey	29 Susan Harris
22 Susan White	26 Lexi Gordon	30 Martha Early

September Anniversaries

1 Weldon & Christine Waln	18 Michael & Susan Kennemer
2 Antonio & Ginger Capaccioli	21 Tom & Gloria Lawley
2 Stephen & Judy East	21 Steven & Lynette Romero
3 John & Lita Campbell	27 John & Cathy Souders
9 Wade & Glenda Hatton	28 Gavin & Desira Berry
15 Hyon Do & Mary Kim	

Intercessions

First names will be listed for a three month period and then automatically dropped off. In order to continue prayers for everyone who needs them, you will need to fill out the yellow card in the pews.

Jim	Matthew	Bobbye
Scott	Diane	Donald
Jane	Carl	Carol
Robert	Lois	Charlotte
Victoria	Julie	Pat
Evelyn	William	Stevi
Hedy	Dan	Tim
Jack & Jeanne	Linda	James
Frank	Graciela	Gary
Richard & Lucille	Jade	Michele
Philip	Betty	Buck
Renato	Gary	Phil
Sandra & Don	Richard	Shirley
Everitt	Ross	Theresa
John & Gina	Emily	Stephanie
Paul	Ryan	Brittany
Edna	Jonathan	Harold
Bryan & Lillith	Todd	Polly
Ciara	Michael	Randy & Pat
Julio	Mary	John
Margarette	Martha	Bill & Oma
Michael	Althea	Betty
Mark	Mark	Jeanne

Vicki	Charles	Jean
Kaitlyn	Angela	Mae
Jeff	Mary	Jon
Alison	Judy	Rachelle
Eric	Cecil	Iris
Janene	Dean	Deacon Claire
Midge	Flo	Bud
Randal &	Gary & Cindy	Carol
Meredith	Scarlett	Tiffany
Melanie	Josephine	Georgann
Stephanie	Marla	Violet "Pat"
Karyn	Kristin	Joe & Marsha
Herman	Robert	Anne
Laura	Luke & Vicki	Rachel
Larry	Heather & Jaxson	Baby Helen
Jona	Rachel & Andrew	Annie & Eric
Ron	James & Beverly	Rachel & John
Jeff & Sandy	Christian	Joe
Vicki	Cassidy	Laura
Bonnie	Alan & Mandy	Steven
Jean	Fred	Elly
Lillian	Virginia	Moore & Sumerlin
Jay	Dillin	Family
Mike & Nikki	Sean	Dan
Anne	Lynnette	Lovato Family
Marcia	Helen	
Susan	Gaither	

Our Military

Pray for the Military of the United States, especially those listed below:

Michael Root USArmy	Michael Hetrick USArmy
Aaron Haggard USArmy	Jordan Granberry USMC
Joe Douglass USMC	Charles Reed USArmy
Cole Hatton USNavy	Hank Skorija USAR
Jeremiah Johnson USArmy	Brett Meadows USAF
Dustin Hanson USAF	Dr. Shawn Garcia USNavy
Chris Lamb USMC	Tim Hartman USAF
Justin Grimes USMC	Will Meek USArmy
Bruce Holland USArmy	Geoffrey Miera USArmy
Robert Lundy USAF	Randy Tindle USAF
Chris La Valley USArmy	Anthony Lovato USArmy
Chris Naler USMC	David Bowers USArmy
Josh Pierce USArmy	

Greeter Schedule

	<u>8:00 a.m.</u>	<u>10:30 a.m.</u>	<u>5:30 p.m.</u>
Sept. 7	R. & M. Fausneaucht	D. & K. Jones	J. Howard
Sept. 14	C. Patton, Sr./J. Wills	J. Short/P. Capehart	D. Mullins
Sept. 21	R. Allen/D. Dorsey	K. & C. Dobbs	S. Pfister
Sept. 28	K. Higham/S. Romero	R. Thornton/A. Gittiban	J. Howard

Usher Schedule

	<u>8:00 a.m.</u>	<u>10:30 a.m.</u>	<u>5:30 p.m.</u>
Sept. 7	Ray Fausneaucht Mary Jean Fausneaucht	Bill Welling Julio Welling Paul Nelson Grant Mathews	Jerri Howard
Sept. 14	Charles Patton, Sr. Jerry Wills	Sean Sparkman Kevin Hadawi Jim Swann Bill Davies	David Mullins
Sept. 21	Richard Allen Don Dorsey	Rick Coombs Andy Schoening Chris Chamberlain Ryan Chamberlain	Sara Pfister
Sept. 28	Keith Higham Steve Romero	John Berry Chris Wichterich Keith Dobbs Miles Johnson	Jerri Howard

Parish Register

Transfers in: Michael Marsden from St. Matthew's, Chandler, AZ; Salvadore Fisher from St. Matthew's, Chandler, AZ.

Transfers out: Roxanne Modge to St. Vincent's Cathedral, Bedford

Baptisms: James Casey Cagle, 8-10-08; Sara Christine Boland-Taylor, 8-10-08; Kathryn Sophia Baughman, 8-10-08, daughter of Jimmy and Kelley Fritz Baughman, granddaughter of Bud and Sheryl Fritz; Emmaline Marie Horton, 8-10-08, daughter of Alan and Holly Smith Horton, granddaughter of Ron and Laura Horton.

Deaths: Wanda June Kostenski, 7/04/08; Constance Anna Smith, 7-24-08; Irene Grumbeck Winsor, wife of John Winsor 8-03-08; Emalee Moore, 8-14-08, wife of Jim Moore.

St. Alban's Episcopal Church

911 S. Davis Drive, Arlington, TX 76013

The Rev'd Edward F. Kresowaty, ssc, *Rector*

Sunday Worship

Morning Prayer and the Holy Eucharist (said)	8:00 a.m.
The Holy Eucharist (sung)	10:30 a.m.
Evening Prayer and the Holy Eucharist (said)	5:30 p.m.

Weekday Liturgies

Mon - Fri	Morning Prayer	9:00 a.m.
Monday	Holy Eucharist (Chapel)	10:00 a.m.
Wednesday	Holy Eucharist (Chapel)	9:30 a.m.
	Holy Hour, third Wednesday, Sept—May (Church)	6:00 p.m.
Thursday	Holy Eucharist (Chapel)	6:30 a.m.
Saturday	Reconciliation (Confessional)	9:15 a.m.
	Holy Eucharist (Church)	10:00 a.m.
	Holy Rosary (Church)	11:00 a.m.

Office Hours

8:30 a.m. to noon and 1:00 to 4:00 p.m., Monday through Friday

Email Contacts

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Ron Horton (Junior Warden)	rhorton@sradesign.com

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